

# Queensland Race Walking Club Inc.

ABN 59 065 512 712

*Building on a fine tradition of race walking, 70 years in the making.*



January 22<sup>nd</sup> 2026



Very sad news to hear of the passing of Hazel McDonnell, who for decades was a Queensland Masters Association competitor, official and administrator. Hazel was a cheerful and energetic presence at QMA events and a friend to all. Hazel served as Australian Masters Association secretary from 2007 to 2016 and as a Board member of the AMA Board from 1999 to 2005. She will be missed.

Wilma Perkins had only recently exchanged emails with Hazel about being a walk judge at the Masters 3,000 metre Walk championships held last weekend. Hazel had replied that she could not promise as she was not well but if she could come then she would judge.

In early 2021 Hazel attended the race walk judging seminar facilitated by Zoe that the QRWC organised. Hazel came along because some of the young walkers up in the Bribie area were getting disqualified so she wanted to learn what the rules were and what the judges were looking at. After that course Hazel began judging at Masters track meets.

Hazel can be best remembered by these comments from race walkers and other athletes.

*“We will all miss her effervescent spirit and we could always find her ... that laugh! RIP Hazel, a doyen of Masters Athletics”*

*“Such a shock. Hazel has been a great supporter for walks and always so helpful and friendly in all sport events. She will be greatly missed along with her wonderful cackle.”*

*“An amazing woman. So many records herself - a fabulous competitor. Marvellous official and a truly funny woman, who enjoyed a few of the finer things in life too. She will be missed.*

*“She will be missed by all who have known her at Masters Athletics. She did bring lots of joy and laughter to the track.”*

*“What an unbelievable loss of an incredible human. I will remember her for her laugh and her endless energy; I will miss her at every meet.”*

We extend our deepest condolences to Hazel’s family at this difficult time.

## **RESULTS RESULTS RESULTS**

### **QUEENSLAND MASTERS 3,000 METRE CHAMPIONSHIPS**

#### **Saturday January 17<sup>th</sup> QSAC**

**W35** 1 Kirwin, Roslyn W37 22:12.30 (22:07.64 52.37%)  
**M50** 1 Rapaport, David M50 19:37.23 (17:44.34 60.49%)  
2 Patterson, Adam M53 23:15.58 (21:01.75 51.03%)  
**M55** 1 Cartwright, Simon M56 28:43.21 24:52.99 43.12%  
**W55** 1 Sunderland, Nyle W58 19:29.99 (16:07.82 71.85%)  
**M60** 1 Jimenez Solis, Ignacio M60 14:44.82 (12:12.46 87.90%)  
**W60** 1 Weekes, Anne W63 19:54.18 (15:37.79 74.15%)  
**M70** 1 Bennett, Peter M70 19:21.42 (14:28.98 74.09%)  
**W80** 1 McKinven, Noela W83 27:19.99 16:55.00 68.51%  
**M85** 1 Sela, Patrick M86 28:15.55 (17:37.01 60.91%)

*Age Graded times and percentages in brackets*

#### **1500 Metre Race Walk**

Kirwin, Roslyn W37 10:55.93  
Bennett, Peter M70 10:12.97  
McKinven, Noela W83 14:22.51

#### **QA Shield Meets QSAC**

##### **3 & 5km Walks**

##### **No result – report from one of the entrants**

*“It was messy unfortunately.”*

*“They called a later start due to lightning and cleared the track about 40 minutes before we were to start - cleared for 30 minutes. Then it was all rushed and we started not long after the original time. After we had done about 1km, more lightning came, so they closed the track again for 30 minutes and cancelled the race walks.”*

*“The officials were also frustrated so all we could do was thank them for trying to put on the race.”*

The next QA track walks are on February 17<sup>th</sup>.

## **THIS WEEK**

### **Queensland Masters Athletics**

#### **24th January 2026 QSAC Main track**

7.15am 1 Mile Race Walk

10.00am 800 Race Walk

#### **Entries**

[QMA BRISBANE 2025-26 #9 MEMBERS - Qld Masters Athletics Association Inc - revolutioniseSPORT](#)

## AA 10,000m Race Walking Championships & U20 AA 5,000 metre Championships

**AIS Athletics Track, Bruce, Canberra, ACT**

**January 25<sup>th</sup>**

8:15 am 10000m Race Walk Women Senior

9:25 am 5000m Race Walk Men U20

**January 26<sup>th</sup>**

8:15 am 10000m Race Walk Men Senior

9:15 am 5000m Race Walk Women U20

All the very best to Alex, Tayla, Phoebe, Milly, Olivia, Eliza, Bailey, Noah & Koby flying the flag for Queensland this week in Canberra for the National Open & U20 track championships.

### **10000m Race Walk Men**

- 1 Isaac Beacroft New South Wales 38:02.68
- 2 Declan Tingay Victoria 38:03.78
- 3 Evan Dunfee CAN 38:08.50
- 4 Rhydian Cowley Victoria 38:13.51
- 5 Kyle Swan Victoria 38:35.55
- 6 Will Thompson Victoria 39:09.62
- 7 Timothy Fraser Australian Capital Territory 39:16.75
- 8 Mitchell Baker Australian Capital Territory 40:53.86
- 9 Marcus Wakim Victoria 41:03.05
- 10 Dylan Richardson New South Wales 41:56.22
- 11 Samuel Lindsay Tasmania 43:12.79
- 12 Jonah Cropp NZL 43:28.47
- 13 Tristan Camilleri South Australia 43:33.70
- 14 Jack McGinniskin New South Wales 43:47.00
- 15 Joel Byatt New South Wales 45:58.76
- 16 Alex Bradley Queensland 48:56.24**
- 17 Brendan Pospischil New South Wales 51:57.91
- 18 Cooper Rech South Australia
- 19 Alejandro Stephens Victoria

### **10000m Race Walk Women**

- 1 Elizabeth McMillen New South Wales 42:15.68
- 2 Rebecca Henderson Victoria 42:55.08
- 3 Olivia Sandery South Australia 43:11.09
- 4 Alexandra Griffin Western Australia 45:16.26
- 5 Tayla Billington Queensland 46:54.49**
- 6 Chelsea Roberts New South Wales 47:16.20
- 7 Samantha Findlay South Australia 47:53.64
- 8 Kate Siviour Victoria 48:34.71
- 9 Nellie Langford South Australia 48:49.51
- 10 Maddison Nash Victoria 49:01.52
- 11 Hana Jugovic Australian Capital Territory 52:15.33
- 12 Jessica Loring New South Wales 55:57.93
- 13 Phoebe Chadwick Queensland 56:13.71**

### **U20 5000m Race Walk Women**

- 1 Zoe Woods New South Wales 23:07.07
- 2 Sienna Pitcher New South Wales 23:39.49
- 3 Sophie Polkinghorne New South Wales 24:03.90
- 4 Matilda Webb New South Wales 24:35.14
- 5 Milly Sharpe Queensland 24:39.70**
- 6 Jessica Loring New South Wales 25:29.24

- 7 Kaytee Bogaers Western Australia 25:38.66
- 8 **Olivia Boulton Queensland 25:47.75 / 26:36.31**
- 9 Grace Beck New South Wales 26:05.53
- 10 **Eliza Kelly Queensland 27:59.83**
- 11 Laura Corvalan Sotomayor New South Wales
- 12 Jillian Ryan Australian Capital Territory
- 13 Lexie Beacroft New South Wales
- 14 Matilda Read Victoria
- 15 Angelina Legrand South Australia
- 16 Lilah Norden Kembla Joggers 27:22

**U20 5000m Race Walk Men**

- 1 Owen Toyne Australian Capital Territory 19:39.26
- 2 John Ronan Western Australia 19:44.75
- 3 **Bailey Housden Queensland 20:07.56**
- 4 Samuel Lindsay Tasmania 20:07.71
- 5 Sebastian Richards South Australia 20:44.91
- 6 Riley Coughlan Victoria 20:53.21
- 7 Max Davidson Victoria 21:56.83
- 8 Joel Byatt New South Wales 22:13.40
- 9 Myles Ashby New South Wales 22:26.38
- 10 Dylan Allabush New South Wales 23:19.35
- 11 Angus Shuttleworth Victoria 23:22.30
- 12 **Noah Cooke Queensland 23:23.17**
- 13 Alexander Sinnett New South Wales 25:08.74
- 14 Christopher Nilon New South Wales 25:42.38
- 15 Cooper Rech South Australia 25:46.96
- 16 **Koby Irvine Queensland**
- 17 Alexander Braendle New South Wales

**NEXT WEEK**

**Queensland Masters Athletics**

**31st January 2026 SAF**

7.30am 3000m Race Walk

9.55am 1500m Race Walk

**QRWC Winter Road Walk Season**

With National & State track championships dominating the first quarter of 2026 we are looking at beginning the winter road walk season on Sunday March 29<sup>th</sup> with the QRWC Sign On Meet & AGM. The first Handicap meet is looking like being on April 12<sup>th</sup>. While we work with other athletics bodies to avoid clashes and to maximise opportunities to compete there may be times when an athlete will have to make a decision on what event to participate in.

MONTH	DATE	EVENT	VENUE
January	17	QMA 3,000 Metres Championships	QSAC
	25-26	AA 10,000 metres Track C/ships	Canberra
February	21-22	QMA Track Championships	SAF
	21	QA 10,000 metres Championships	QSAC
March	6-9	AMA National Championships	Canberra
	15	AA Half Marathon Championships	Adelaide

	20-22	QLAA State Championships	QSAC
	29	QRWC Sign On Day	TBC
April	5	Easter Sunday	No competition
	12	QRWC Handicap #1	TBC
	12	WA Race Walk Team C/Ships	Brazil
	13-14	ALAA Track Championships	Brisbane
	15-20	AA Junior Track Championships	Brisbane
	22-24	UniSport Championships	Runaway Bay
May	10	Mother's Day	No club competition
	19-22	Oceania Athletics Championships	Darwin
June	7	LBG Federation Meet	Mt Stromlo Canberra
July	5	Gold Coast Marathon	Southport
	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	8	WA U20 Championships	Oregon USA
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	23	AA Junior Road Walk C/Ships	Ballarat
September	6	Father's Day	No club competition
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

## Queensland Athletics Track Season

### February 21 QSAC Dane Bird-Smith Meet

6.45pm 3,000 metres

7.15pm 10,000 metres QA Championships

#### Entries

[2025/26 Qld Athletics Championships: 10000m Walk & Track Mile - Queensland Athletics - revolutioniseSPORT](#)

### February 28<sup>th</sup> UQ

4.45pm 3,000 Metre Championships U14/15/16

### March 7<sup>th</sup> QSAC

5.30pm 3,000 metres

5.55pm 5,000 metres

### March 25<sup>th</sup> QSAC Wednesday

7.20pm 5,000 metres

## Queensland Masters Athletics Track Season

### 24th January 2026 SAF

7.15am 1 Mile Race Walk

10.00am 800 Race Walk

### 31st January 2026 SAF

7.30am 3000m Race Walk

9.55am 1500m Race Walk

### 14th February 2026 Saturday, Venue SAF

9.00am 1500m Race Walk

### 15th February 2026 Sunday, Venue SAF

8.15am 3000m Race Walk

9.30am 800m Race Walk

### Saturday 21st February State Athletics Facility

## QMA State Championships

**Entries Now Open**

**QMA TRACK & FIELD CHAMPIONSHIPS 2026 - Qld Masters Athletics Association Inc - revolutioniseSPORT**

**EARLY BIRD ENTRIES CLOSE FRIDAY 6TH FEBRUARY**

**LATE ENTRIES TILL FRIDAY 13TH FEBRUARY WITH A LATE FEE OF \$30**

9.00am **5000m Walk Championship**

**Sunday – 22<sup>nd</sup> February**

9.30am **1500m Walk Championship**

**28th February 2026 Saturday, Venue SAF**

8.10am **3000m Race Walk**

## Australian Masters Athletics Championships Australian Institute of Sport, Leverrier Street, Bruce ACT March 6-9<sup>th</sup> 2026

### Draft Walks Programme

Friday 6<sup>th</sup> 1,500 metres AIS track

Saturday 7<sup>th</sup> 5,000 metres AIS track

Monday 9<sup>th</sup> 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>

## 2026 AA Half Marathon Race Walking Championships War Memorial Drive, Adelaide, South Australia March 15<sup>th</sup> 2026

This competition includes the Half Marathon Race Walking Championship for men and women and also a 10km event for athletes under 20. The Under 20 event serves as a trial for the World Teams Race Walking event in April.

### Competition Timetable

8:00am - Half Marathon Race Walk - Men and Women

8:20am - 10km Race Walk - Under 20 Men and Under 20 Women

[Roster Athletics · 2026 Australian Athletics Half Marathon Race Walking Championships](#)

## World Athletics Race Walking Team Championships Brasilia, Brazil on 12 April 2026

SUNDAY 12 APR 2026		
7:00	MARATHON RACE WALK	M/W
7:30	U20 10KM RACE WALK	M
8:30	U20 10KM RACE WALK	W
11:05	HALF MARATHON RACE WALK	M
12:50	HALF MARATHON RACE WALK	W



Selection standards and policy on which Australian Athletics will select its representative team for the World Race Walking Team Championships in Brasilia, Brazil, 12 April 2026

Men	Event	Women
43:00 at 10km or 10,000m	10km (Under 20)	50:00 at 10km or 10,000m
1:26:00 at 20km or 1:31:30 at half marathon	Half Marathon	1:36:00 at 20km or 1:42:00 at half marathon
2:40:00 at 35km or 3:18:00 at marathon	Marathon	2:58:00 at 35km or 3:40:00 at marathon

The qualification period is:

Events	Dates
10km, half marathon, marathon race walk	1 January 2025 – 15 March 2026

All performances must be achieved during official competitions which must be sanctioned by World Athletics. A complete list of sanctioned competitions is available online. Performances on both the track and the road are accepted as qualifying performances. All performances accepted by World Athletics and appear in World Athletics lists as valid performances will be accepted by Australian Athletics.

A selection trial will be held for all events as per the table below:

Events	Competition	Dates
Under 20 10km race walk	Specific Trial, Adelaide	15 March 2026
Senior half marathon race walk	Australian Championships, Adelaide	15 March 2026
Senior marathon race walk	Australian Championships, Canberra	29 November 2025

## 2026 National Junior Athletics Championships QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates for the inaugural aligned athletics championships in Brisbane in 2026.

### **April 13 – 14 Australian Little Athletics Championships**

#### **Draft walks programmer**

#### **Monday 13<sup>th</sup> April**

9.30am Girls U13 1500m Walk  
9.50am Boys U13 1500m Walk  
11.10am Girls U12 1500m Walk  
11.30am Boys U12 1500m Walk

### **April 15 – 20: Australian Athletics Junior Championships**

#### **Thursday 16<sup>th</sup> April**

10.00am 3000m Race Walk U14 Men  
10.00am 3000m Race Walk U14 Women  
5.25pm 5000m Race Walk U17 Women  
5.25pm 5000m Race Walk U18 Women

#### **Friday 17<sup>th</sup> April**

11.15am 5000m Race Walk U17 Men  
11.15am 5000m Race Walk U18 Men

#### **Monday 20<sup>th</sup> April**

10.55am 3000m Race Walk U15 Women

10.55am 3000m Race Walk U16 Women  
11.45am 3000m Race Walk U15 Men  
11.45am 3000m Race Walk U16 Men

## LBG Walking Carnival 2026



The LBG Carnival will be held on Sunday 8 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete. No qualification standards, all ages, all abilities - U10- Masters. Individual, teams and handicap awards. The ACT Walkers Club & the Australian Federation of Race Walking Clubs will release full details shortly.

## 2026 Oceania Athletics Championships Darwin May 2026

### Tuesday 19 May

10:25am Masters Men 3,000m Race Walk  
Masters Women 3,000m Race Walk

### Friday 22 May

7:00am Masters Women 5000m Racewalk  
Under 18 Women 5000m Racewalk  
Under 20 Women 5000m Racewalk  
8:00am Masters Men 5000m Racewalk  
Under 18 Men 5000m Racewalk  
Under 20 Men 5000m Racewalk

<https://athletics-oceania.com/oceania-athletics-area-championships/>

Note:

The 10,000m Walk Oceania Championships will be conducted at a different venue and time, with further information to be provided to Federations in early 2026.

The Open team will be operated by Australian Athletics, while the U18 team will be run by Queensland Athletics.

## Important Masters Meets in 2026/27

### 2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

From the 1st July 2026 the only Australian uniform that you will be able to wear is the AMA Valour uniform. All athletes intending to compete at the World Champs in Daegu will need to have the Valour competition uniform.

AMA will be opening the Uniform Shop for orders in March /April and will have sample sizes at the Australian Championships for athletes to try on.

### 2027 OMA Championships

- Date: January 27 – 31, 2027
- Venue: Christchurch NZ

### 2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA

## QA MEMBERSHIP INFORMATION 2025-2026

**Season Period: 01 OCTOBER 2025 – 30 SEPTEMBER 2026**

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

**Membership Fee:** \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

## Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

**Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.**

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

*If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator [bluecardqrwc@gmail.com](mailto:bluecardqrwc@gmail.com)*

## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

## Rules of Race Walking

*There are two basic rules in Race Walking:*

- **Contact:** The athlete must never have both feet off the ground at once.
- **Knees:** The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

## **Racewalking Queensland Management Committee 2025/26**

**President:** P Bennett

**Vice President.** J Blackburn

**Secretary:** N. McKinven

**Treasurer** Vacant

**Committee:** S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

**Patron:** S Perkins

**Registrar:** S Dale

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** P Chadwick

**Results** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer.** Ignacio Jimenez & Noela McKinven

**Canteen Convenor** R Wales, J Dale

**Blue Card Co-ordinator** B Gannon

**Club Captains:** Phoebe Chadwick, Alex Bradley

**Vice Captains** Mia Bergh, Kai Dale

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

### **Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

**About us ....***Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.